



DREAMS FOUNDATION

Annual Report 2020-21

www.idf4all.org



FROM THE DESK OF PRESIDENT

Dear Friends,

I want to thank you from the bottom of my heart for your support and well -wishes towards creating healthy and educated society.

It gives me immense pleasure to share with you the Annual Report 2020-21 of Indian Dreams Foundation (IDF). Indian Dreams Foundation has made great strides in 2020 in terms of providing quality education, healthcare and skill sets to the beneficiaries in the slum pockets of Agra and has been widely appreciated by all its stakeholders.

It was yet another year filled with action and learning for Indian Dreams Foundation. The unprecedented challenges posed by the COVID 19 pandemic exacerbated the existing distresses of the underserved communities. However, the IDF team, exhibiting immense courage, was delicately provided knowledge & information on COVID 19 precautions and also provided relief through distribution of ration kits & hygiene kits among rural & urban communities on Agra district.

In another hand, we have successfully completed the Women Connect project that was supported by Grand Challenge Canada. The project impacted more than 1400 adolescent girls & women by empowering them towards sexual reproductive health & rights, gender based violence & early child marriage.

Apart from various workshops and training sessions on Sexual Reproductive Health Rights, Menstruation Hygiene Management and WASH, the year is witnessed many seminar & workshops on "importance of Menstrual Hygiene Management for well being of women" that reached more than 3000 girls & women. IDF in its endeavor of striving for excellence in all its programmatic interventions and services is making massive efforts for taking the organization to the next level and reaching to all our stakeholders and well-wishers.

I extend my sincere thanks to all the partners, donors, friends, volunteers, well wishers, staff and community for their constant faith and support to IDF and hope that this strong association continues.

Punit Asthana

ABOUT IDF

Indian Dreams Foundation (IDF) was registered as a Society under the Societies Registration Act, 1960 in 2005 in Agra, Uttar Pradesh with a vision for an empowered society where every citizen irrespective of class, creed, gender, social standing, location and religion has an equal chance of leading a happy secure and meaningful life with access to quality education, healthcare and vocational skills.

IDF primarily works in the areas of Education, Health & Hygiene, Women's empowerment, Vocational training, Sexual Reproductive Health Rights and WASH (Water, Sanitation and Hygiene).

The philosophy of IDF towards selection of beneficiaries for a programme is to include and cover the most vulnerable section of the society and equip them with knowledge, education and capabilities.

"You educate a man; you educate a man. You educate a woman; you educate a generation"

Brigham Young





IDF- Growing with Confidence

IDF is a non-governmental organization founded in January 2005. It is dedicated to educate, empower and develop underprivileged communities by creating awareness on pressing issues such as importance of education and health in underprivileged sections of our society.

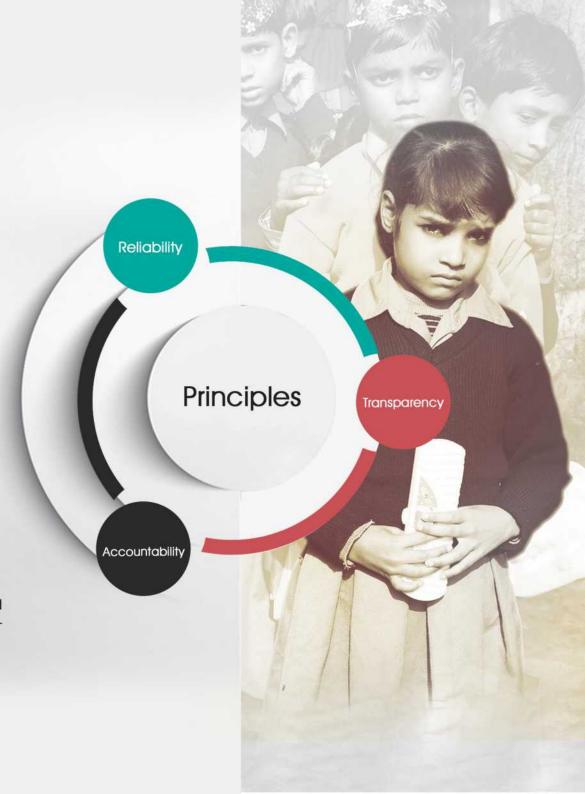
We give special attention to girls and women as we believe that, "If you educate a man, you educate a man. You educate a woman, you educate a generation."

IDF's Vision

IDF envisions a healthy, educated and developed society where everyone will empowered irrespective of class, creed, religion and gender. We believe that everyone have equal rights to get educated and to have a secure and healthy life.

Our Mission

Our mission is to work towards achieving, at the grass roots level, eradication of illiteracy and gender discrimination in underprivileged communities by educating them and creating awareness.



OVERVIEW OF THE YEAR 2020-21



HONHAR LADKI

GIRLS' EDUCATION SPONSORING & MENTORING PROGRAM

An education sponsorship and mentoring programme is to support adolescent girls from rural and urban slums. The programme has been ongoing for eight years and carefully chooses beneficiaries from disadvantaged communities using a three-tier selection process. As well as enrolling girls into formal schools and paying for their educational expenses, crucially the programme takes a multi-faceted approach to ensure parental commitment and reduce drop-out rates by:

- developing half-yearly progress reports for each beneficiary
- · arranging periodic parent-teacher meetings so that parents better understand their child's achievements
- organising monthly sessions where IDF staff talk with teachers about attendance and performance
- providing mentors for the girls to help them achieve independence and develop self-confidence
- organising awareness sessions for girls & their mothers to educate and aware them of health and hy giene, menstruation and nutrition issues for their well being.

We have a threefold model for Honhar Ladki Program-

WE IDENTIFY

WE ENROLL

WE EMPOWER

Statistical Data



108 Girls sponsored in 2020-21



15 Slums reached



7 Schools covered



7 Girl passed Intermediate board exam

STORY OF CHANGE aki

Education sponsorship program



Being a poor Muslim girl, getting an education is like a dream for us and almost impossible because" of social cultures and conservative mindsets. Heer feels fortunate to get the education, and her .roadmap for becoming a teacher is now visible

Heer has successfully crisscrossed her first hurdle towards her dream, passed her 12th board exam with 71% marks, and become the first member of her entire family who has passed12th successfully. She wants to be a government teacher and give hope of education opportunities to her community's other girls

Before joining the IDF's girls education "Honhar Ladki program",. Heer was frightened and uncertain about her fate if she would be blessed to complete her primary education from a government school or her parents would force her to marry like her elder siblings; however, early marriages are widespread in her community. Her elder sister and the elder brother got married at an early age, around 16 years of age. Heer brought up in such challenging conditions where she saw her sisters and brother leave school and get married at a tender age

Priority shift from school to the marriage of her siblings awake little Heer's cognisance, and she is determined to complete her education and become an independent and empowered woman in the future. After completing her primary education seven years ago, the spark for further education brought fate in her life when she learned about IDF's girls' education sponsoring and mentoring program. She approached the IDF team for her education support seven years ago and pleaded to motivate her parents. It became too challenging for the team to counsel and motivated her parents, especially her father, for Heer's education because her father was preferred to enrol her in a traditional Muslim education centre (Madrasa), not in the regular school system

However, conducting regular meetings with Heer's father, the IDF team finally changed his mindset towards girls' education, and he agreed. Heer was much excited and always says that she can not forget that day when her life turned positive towards new hope for her life when she was admitted in the class 6th under IDF's girls' education program since then, IDF has fully sponsored her education

After the announcement of her 12th class board exam, she was filled with joy and tears in her eyes, gave a big thanks to the .

Indian Dreams Foundation for such a life-changing opportunity and also, she is committed to back to society by giving education .opportunities to girls like her once she will be independent and empowered women

READY TO SCHOOL PROGRAM

The non-formal educational initiative started by IDF targeting those children who have first time learner, dropped schools, out of school or girls from slums and other backward communities. Through the programme, IDF aims to build the children's confidence, social skills and their academic ability so that they may ultimately enrol in formal education. The emphases are on making study easy, fun and exciting, but at the same time, the performance of each child is monitored using specialist tools developed by experienced educational professionals.



The Center's extra-curricular activities include:

- regular community sessions to transform local attitudes to girl's education
- monthly parent-teacher meetings to discuss each child's development
- Saturday Fun Days where children learn arts and crafts, singing, dance, Storytelling etc.
- Quarterly Wellness Days in which children can get eye & teeth check-ups and access to vaccine programmes

Statistical Data

Total Number of Children Enrolled in 2020-21 = 50





Menstrual Health & Hygiene Awareness Program

Indian Dreams Foundation (IDF) has embarked a project called "SMILEY DAYS" in September 2016 that aims to directly help adolescent girls and young women to overcome the social barriers associated with menstruation and better understand their own bodies, MHM (menstrual hygiene management) and SRHR (sexual reproductive health & rights).

To do this, it employs a four-fold strategy aiming to:

- 1. Educate girls, adolescents and young women on biology and hygiene practices;
- 2. Distribute sanitary products and build girls friendly new toilet facilities in the schools;
- 3. Engage family members, schools and specialists through the formation of Smiley Girls Clubs in partnering schools. Smiley Girls Clubs consist school girls & teachers who are made responsible for generating awareness among peer groups, indirectly serving as a catalyst of CHANGE.
- 4. Capacity building of the communities through the formation of Women's Representative Groups called Roshni Didis Club at community level.



Smiley Days project targets the SDGs goal 3 & 5, to improve the quality of menstrual hygiene management (MHM) and advocate for sexual and reproductive health rights (SRHR) in local communities (targets 3.7 and 5.6).

IMPACT of the Program so far:-

5000+ Girls & women received knowledge & information on menstrual hygiene management and related issues.

25+ Partner Schools

30+ Communities reached

75% of Women & girls started using sanitary pads in the target communities.

90% Became regular in the school during menstruation

65+ Workshops organized on the promotion of MHM

15+ separate toilets constructed in schools



WE CARE

COVID 19 Relief Project

The year 2020 was a truly testing times! The spread of Corona Virus Disease (COVID -19) across the world continued to affect all of us. Tackling COVID-19 could be the biggest challenge the world had to face

However, IDF strives to help people in underserved communities and started a COVID19 dedicated project "WE CARE" in our communities

How we tackle the COVID 19 situation in slums of Agra

- Provided immediate support to the needy families in the form of Supply of Dry Ration items that include Atta, Rice, Pulses, Sugar, Cooking oil, Spices and biscuits etc
- We provided Cash Grant Support to daily wages workers' families with the help of GiveIndia Foundation, Mumbai. Each family was provided cash support to manage their day to day expenses during the lock-down situation
- Information Dissemination & Awareness Generation, during COVID19 Lockdown situation our team was
 dedicated to spreading awareness among slum dwellers towards precaution measures of COVID 19 and
 awareness generation on the dos and don'ts of COVID-19, the consequence of social distancing, proper
 hand wash and hygiene measures, information on nearest isolation Centres, health Centres, government
 schemes etc.



IMPACT

- 3500+ Ration kits distributed
- 154 Daily wages workers families benefited by cash support
- 15+ Awareness generation activities conducted by field workers to sensitize slum dwellers towards covid19 measures and hygiene



WOMEN CONNECT PROJECT

The project has dedicated to aware girls and women towards SRHR related issues and empowerment and it has funded by Grand Challenge Canada

PROJECT MODEL

WOMEN CONNECT CENTER (RESOURCE CENTER)

- > Access information, guidance, knowledge & services on SRH, MHM & SGBV
- ➤ Girls & women's connectivity spot

WOMEN CONNECT HELPLINE Toll Free number

- ➤ Provide information & knowledge related to SRH especially by women & adolescent girls through toll free helpline number 1800 120 1484
- > Easy & accessible

WOMEN CONNECT GROUP Self Help Group: Sanitary pads manufacturing unit

- Women/adolescent girls get requisite skill for manufacturing sanitary pads as a micro enterprise
- Women & Girls equip skills in making sanitary pads & stitching



IMPACT

- 1500+ women and adolescent girls connected and sensitized towards MHM, SRHR & GBV issues
- 100 women & girls provided skills training in manufacturing of sanitary pads and sewing and become skilled
- 50 awareness generation workshops were organized on MHM, SRHR & GBV
- 15+ community women & girls trained as health advocate to educate others women on MHM, SRHR & GBV issues
- 70000 sanitary pads were distributed free of cost to the slums' women & girls





REFORM PROGRAM

GOVERNMENT SCHOOL ADOPTION PROGRAM

At IDF, we want schools to be a springboard to enable children to make their dreams come true and transform them both their lives and their families. However, government schools, particularly in rural areas, suffer from a lack of funds, quantity and quality of teachers, and unsatisfactory water and sanitation facilities. Since 2008, IDF has been adopting rural and urban government schools and improving their infrastructure, academic performance and learning environment in line with the UN Sustainable Development Goals.

IDF collaborates with government authorities to:

- provide books and teaching resources and conduct teachers' training
- introduce extracurricular classes to the students
- · build separate toilet facilities for girls and boys
- conduct community mobilisation & awareness drive on the importance of education & good health
- · build children's library in the school
- Access infrastructure development of the school, i.e. drinking water, toilets, class-rooms, playground etc.





CREDIBILITY ALLIANCE NORMS COMPLIANCE REPORT

Accreditation:-

- · Credibility Alliance
- Give India

IDENTITY

IDF is registered as a non-profit society u/s of the Societies Registration Act, 1860 (Reg. No. 2614 dated January 24, 2005).

IDF is registered u/s 12 AA of the Income Tax Act, 1961

IDF is registered u/s 80 G of the Income Tax Act, 1961

IDF is registered under FCRA

Permanent Account Number is AAAAI1550L

Visitors are welcome to the address given on the "Contact Us" link on our website www.idf4all.org

Name & Address of Bank: Punjab National Bank, Jaipur House, Agra- 282002.

State Bank Of India, Sansad Marg New Delhi- 110001.

Name & Address of Auditor: C.A. Rohit Jain, Sachin H Agarwal & Associates B.O 24/144, Bagh Ram Sahai,

Loha mandi, Agra-282002

DETAILS OF BOARD MEMBERS AS ON 31/03/2021

| Name | Position on Board | Remuneration & reimbursements in RS. | |
|---------------------|-------------------|--------------------------------------|--|
| Mr. Punit Asthana | President | | |
| Ms. Lakhwinder Kaur | Vice President | Nil | |
| Ms. Anjali Kumari | Secretary | Nil | |
| Ms. Alka Sharma | Treasurer | Nil | |
| Ms. Meena Mahour | Deputy Secretary | Nil | |
| Ms. Lalita | Member | Nil | |
| Ms. Roshni Devi | Member | Nil | |

Income & Expenditure Account for the year ended as on 31st March 2021

| Particulars | Schedules | Amount in Rs |
|--|--|--|
| Revenue Indian Donations Inrestricted Grants/Donations Restricted Grants/Donations Foreign Donations Inrestricted Grants/Donations Restricted Grants/Donations Restricted Grants/Donations Interest Received Membership Fees Received Total Revenue (A) Expenses Program/Project Expenses from Indian Donations (B) Program/Project Expenses from Foreign Donations (C) General and Administrative (D) | | Amount in Rs 1,831,774.1 1,162,911.5 217,587.3 3,088,026.0 87,935.0 750.0 6,388,984.0 2,738,817.0 3,937,874.1 |
| Vages and salaries Internet Broad Band Connection und Raising Consultancy Fees Internet Broad Band Connection und Raising Consultancy Fees Internet Broad Band Connection Internet Broad Band Band Band Band Band Band Band Ba | 25,000.00 13,004.00 4,719.00 36,000.00 5,310.00 9,197.00 158.00 296.18 21,325.00 | 115,009.1 6,791,700.3 (402,716.26 |
| | | |
| | | |
| | | |

Receipts & Payments Account for the year ended as on 31st March 2021

| Receipts | Amount | Payments | Amount |
|--|--------------|--|-------------------------|
| To Opening Balance of Bank as at | 2,721,621.26 | By Amount Expended for Different Programs:- | |
| 01.04.2020 To Opening Balance of Cash as at 01.04.2020 | 163,250.95 | Program/Project Expenses from Indian Dona- tions | 2,738,817.00 |
| To Grants/Donation Received | | Program/Project Expenses from Foreign Do- nations | 3,937,874.14 |
| Unrestricted Grants/Donations | | 22300000100 | |
| Indian | 1,831,774.14 | By General and Adminstrative :- | |
| Foreign | 217,587.33 | Admn. Salary Paid | 25,000.00 |
| Restricted Grants/Donations | | Communication Expenses | 13,004.00 |
| Indian | 1,162,911.50 | Fund Raising Consultancy Fees | 4,719.00 |
| Foreign | 3,088,026.09 | Accounting Charges | 36,000.00 |
| | | Audit Fees | 5,310.00 |
| To Interest from Bank To Membership Fees Received | 87,935.00 | | 158.00 296.18 |
| To Mer ribership rees received | 750.00 | Miscellaneous Expenses | 21,325.00 |
| To Current Liabilities payable of Current | 254,946,50 | THE SHALL SH | 21,020,00 |
| year | THE WARRENCE | By Advance Given to Suppliers & Others | 102,836.00 |
| To Previous Year Receivables received in Current year | 244,234.00 | By Current Liabilities paid of Previous Year By Purchase of Fixed Assets | 258,808.50 15,990.00 |
| | | By Closing Bank Balance as at 31.03.2021 | 2,597,710.00 |
| | | By Closing Cash Balance as at 31.03.2021 | 15,188.95 |
| | | | |
| | 9,773,036,77 | | 9,773,036.7 |

Balance Sheet as on 31st March 2021

| Liabilities | | Amount | Assets | Amount |
|------------------------------------|--------------|--------------------------|--|-------------------------|
| Capital Fund Opening Balance | 3,206,498.59 | | Fixed Assets Laptop-I less Depreciation | 3.80 6.76 |
| Add: Surplus/(Deficit) trans- | | | Laptop-II less Depreciation Laptop-III less Depreciation | 1,981.00 |
| ferred from | | | Computer less Depreciation | 2,224.04 |
| Income and Expenditure | (402,716.26) | 2,803,782.33 | Computer Software less Depreciation | 10.08 |
| Account | | | Printer less Depreciation | 5.20 |
| | | | Mobile & Telephone less Depreciation | 21,352.57 |
| Current Liabilities | | | Fan less Depreciation | 1,606.84 14,630.59 |
| Sundry Creditors Salary Payable | | 108,601.50 146,345.00 | Furniture less Depreciation Camera less Depreciation | 3,976.00 |
| | | | Investments | |
| | | | FDR OBC Bank | 297,197.00 |
| | | | Current Assets | 10000000000 |
| | | | Advances to Suppliers & Others | 45,031.00 |
| | | | TDS Receivable | 57,805.00 500,000.00 |
| | | | Ffd Non Fcra Flexible No. 100000219 Ffd Non Fcra Flexible No. 100000282 | 300,000.00 |
| | | | Punjab National Bank (Indian) | 776,334,79 |
| | | | Punjab National Bank (Foreign) | 1,014,206.36 |
| | | | Bank of India(Foreign) | 7,168.85 |
| | | | Cash in Hand | 15,188.95 |
| | | 3,058,728.83 | | 3,058,728.83 |

MEMBERSHIP & ACCREDITATION

























THANKS TO DONORS

















Our sincere thanks to all volunteers, well wishers and valuable donors IDF Team

